

RIDDLESWORTH HALL

A CIEG SCHOOL



WEEK ONE

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MENU					
MAIN MEAL	SOMERSET PORKIES WITH WEDGES AND BEANS	CHINESE CHICKEN WITH HERB POTATOES	SPAGHETTI BOLOGNESE	SWEET AND SOUR CHICKEN WITH RICE	FISH AND CHIPS
VEGETARIAN	VEGETARIAN SAUSAGES WITH WEDGES AND BEANS	QUORN CHICKEN WITH HERB POTATOES	SPAGHETTI BOLOGNESE	SWEET AND SOUR QUORN WITH RICE	FISH OR VEGETARIAN SAUSAGES
ADDITIONAL OPTION	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
VEGETABLES	SALAD BAR	CORN	SALAD BAR	MIXED VEGETABLES	PEAS
DESSERT	FRUIT SALAD	SORBET	APPLE FLAPJACKS	COOKIES	CHOCOLATE CRACKNELL WITH CUSTARD

FREE FROM MENU - ALL MEALS ARE GLUTEN, DAIRY, EGG & SOYA FREE

MAIN MEAL	VEGETARIAN SAUSAGES WITH WEDGES AND BEANS	QUORN OR CHICKEN WITH JACKET POTATO	SPAGHETTI BOLOGNESE	SWEET AND SOUR QUORN WITH RICE	FISH AND CHIPS
ADDITIONAL OPTION	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
DESSERT	FRUIT SALAD	SORBET	FLAPJACKS	COOKIES	FRUIT JELLY

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WEEK TWO

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MENU					
MAIN MEAL	SAUSAGES WITH MASHED POTATOES AND BAKED BEANS	PIZZA AND WEDGES	LASAGNE AND GARLIC BREAD	CURRY AND RICE	CHICKEN GOUJONS WITH CHIPS
VEGETARIAN	SAUSAGES WITH MASHED POTATOES AND BAKED BEANS	PIZZA AND WEDGES	LASAGNE AND GARLIC BREAD	CURRY AND RICE	FISH OR VEGETARIAN SAUSAGES
ADDITIONAL OPTION	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
VEGETABLES	SALAD BAR	SALAD BAR	SALAD BAR	MIXED VEGETABLES	BEANS
DESSERT	SORBET OR FRUIT	YOGHURTS	FRESH FRUIT PLATTER	APPLE CRUMBLE	SHORTBREAD AND STRAWBERRIES

FREE FROM MENU - ALL MEALS ARE GLUTEN, DAIRY, EGG & SOYA FREE

MAIN MEAL	SAUSAGES WITH MASHED POTATOES AND BEANS	PIZZA AND WEDGES	PASTA BOLOGNAISE	CURRY AND RICE	FISH OR CHICKEN AND CHIPS WITH BEANS
ADDITIONAL OPTION	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
DESSERT	SORBET OR FRUIT	YOGHURTS	FRESH FRUIT PLATTER	APPLE CRUMBLE	MUFFINS

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WEEK THREE

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MENU					
MAIN MEAL	MEDITERRANEAN PASTA	ROAST DINNER	BAKED POTATOES	CHICKEN AND LEEK PIE WITH MASHED POTATOES	FISH AND CHIPS
VEGETARIAN	MEDITERRANEAN PASTA	QUORN ROAST DINNER	BAKED POTATOES	QUORN AND LEEK PIE WITH MASHED POTATOES	FISH OR VEGETARIAN SAUSAGES
ADDITIONAL OPTION	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
VEGETABLES	SALAD BAR	MIXED VEGETABLES	SALAD BAR	MIXED VEGETABLES	PEAS
DESSERT	SYRUP SPONGE	ICE CREAM	JAM TART	FRUIT	ICE CREAM AND SPRINKLES
FREE FROM MENU - ALL MEALS ARE GLUTEN, DAIRY, EGG & SOYA FREE					
MAIN MEAL	MEDITERRANEAN PASTA	ROAST OR QUORN DINNER WITH VEGETABLES	BAKED POTATOES	QUORN AND LEEK PIE WITH MASHED POTATOES	FISH AND CHIPS
ADDITIONAL OPTION	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
DESSERT	MUFFINS OR FRUIT	ICE CREAM	JAM TART	FRUIT	ICE CREAM AND SPRINKLES